

Maximize Success in the Classroom

Ask yourself these questions: In class...Where do I sit? Who do I sit with? How does this affect my attention? What about body language? Do I lean forward, sit straight, slouch, lean back? How do I interact in class? Do I answer questions? Do I ask questions? As the teacher is talking, what am I doing? Do I nod my head? Do I look up? Do I show that I am paying attention?

Use the strategies below to create a pleasant learning environment and you will succeed in class.

SIT IN THE FRONT: Students sitting in the front of the classroom pay better attention to lessons. They interact more in classroom discussions and activities.

LEAN FORWARD: Lean forward in your desk. The teacher and fellow students will think that you are interested in the lesson. As you act more interested in the lesson, you really will be more interested.

ASK QUESTIONS: Ask meaningful questions about class activities, discussions and lectures. The teacher will know how well the lesson is going for all of the students. One student's question will help many more students understand the teacher's lesson.

NOD YOUR HEAD: Nod your head when the teacher looks at you during a lesson to show interest or agreement. The teacher will subconsciously interact with you more often in the classroom and think you are a positive class influence.

TALK TO THE TEACHER: Teachers really enjoy talking to their students on an informal basis. Take the time to give your teachers friendly feedback on class lectures or activities.

Source: Rob Dunton, Quantum Learning

*"One who asks a question is a fool for five minutes;
one who does not ask a question remains a fool forever." –Chinese Proverb*